	Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast	Cold Cereal, fruit, yogurt, milk, juice (breakfast buffet)	Pancakes and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice buffet	French toast and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice buffet
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Lunch	Fish sticks, oranges, beans	grilled ham & cheese, pears	PB and Jelly sandwich, apples, carrots	mini hotdogs, tator tots, applesauce	make your own sandwich, crackers, fruit
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter
Week 2	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	egg salad sandwich, oranges, carrots	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato fries, fruit cup	chicken nuggets, fruit cup, carrots
	Afternoon Snack	yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
Week 3	Lunch	peaches	sloppy joes, beans, applesauce	tuna fish, peaches, carrots	cup	bologna slices, apple slices, carrots
	Afternoon Snack	strawberries, cheese, crackers, milk and juice		Graham crackers, milk and juice	pears, crackers, cheese, milk and juice	yogurt and granola
	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk,
Week 4	Lunch	chicken soup, chicken fingers, fruit cup	make your own sandwich (turkey, ham, or chicken), carrots,	franks and beans, bananas, crackers and hummus	Grilled cheese, celery/carrots, fruit cup	breakfast burritos, pears and green salad
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter

Week 5	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
		ritz crackers with	applesauce, crackers,	animal cookies, milk	pears, crackers, cheese,	goldfish, cheese, milk and
	Morning Snack	cheese or peanut butter,	cheese, milk and juice	and juice	milk and juice	juice
		milk and juice		-	-	•
	Lunch	Fish sticks, oranges,	grilled ham & cheese,	PB and Jelly sandwich,	mini hotdogs, tator tots,	make your own sandwich,
		beans	pears	apples, carrots	applesauce	crackers, fruit
	Afternoon Snack	oatmeal cookies, milk,	fruit, pretzels, hummus	orange slices, ritz	string cheese, crackers,	boiled eggs, grapes,
	Alternoon Shack	fruit		crackers, milk	milk and juice	cheese
Week 6	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham	pretzels and hummus,	granola bars, fruit, milk	fruit cup, crackers, milk	trail mix, milk and juice
	With hing Shack	crackers, milk and juice		and juice	and juice	
	Lunch	egg salad sandwich,	bean/cheese burrito,	mac and cheese, apple	sliders, sweet potato	chicken nuggets, fruit
	Lunch	oranges, carrots	peaches	slices	fries, fruit cup	cup, carrots
	Afternoon Snack	apples, hmmus, broccoli	peaches, vege roll	crackers, blueberries,	PB and Jelly crackers,	yogurt and granola
				strawberries	apricots	
	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
		strawberries, cheese,	apples and peanut	Graham crackers, milk	bananas w/honey, milk	vanilla wafers, string
	Morning Snack	crackers, milk and juice	butter, milk and juice	and juice	and juice	cheese, fruit cup, milk,
Week 7						juice
WEEK /	Lunch	corndogs, baked beans,	sloppy joes, beans,	tuna fish, peaches,	tator tot casserole, fruit	bologna slices, apple
		peaches	applesauce	carrots	cup	slices, carrots
	Afternoon Snack	Finger sandwiches and	cheese sticks, ritz	vege tray	yogurt and granola	apples with peanut butter
		grapes	crackers, apricot pieces			
	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
		ritz crackers with	applesauce, crackers,	animal cookies, milk	pears, crackers, cheese,	goldfish, cheese, milk and
	Morning Snack	cheese or peanut butter,	cheese, milk and juice	and juice	milk and juice	juice
		milk and juice				
Week 8	Lunch	chicken soup, chicken	make your own	franks and beans,	Grilled cheese,	breakfast burritos, pears
		fingers, fruit cup	sandwich (turkey, ham,	bananas, crackers and	celery/carrots, fruit cup	and green salad
			or chicken), carrots,	hummus		
			fruit cocktail			
		yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk	vanilla wafers, string
	Afternoon Snack				and juice	cheese, fruit cup, milk,
						juice

Week 9	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham	pretzels and hummus,	granola bars, fruit, milk	fruit cup, crackers, milk	trail mix, milk and juice
		crackers, milk and juice	milk and juice	and juice	and juice	
	Laurah	Fish sticks, oranges,	grilled ham & cheese,	PB and Jelly sandwich,	mini hotdogs, tator tots,	make your own sandwich,
	Lunch	beans	pears	apples, carrots	applesauce	crackers, fruit
	Afternoon Snack	strawberries, cheese,	apples and peanut	Graham crackers, milk	pears, crackers, cheese,	yogurt and granola
		crackers, milk and juice	butter, milk and juice	and juice	milk and juice	
	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
		strawberries, cheese,	apples and peanut	Graham crackers, milk	bananas w/honey, milk	vanilla wafers, string
	Morning Snack	crackers, milk and juice	butter, milk and juice	and juice	and juice	cheese, fruit cup, milk,
Week 10			1 / . 1 1		-1: 1	juice
	Lunch	egg salad sandwich,	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato	chicken nuggets, fruit
		oranges, carrots	pretzels and hummus,		fries, fruit cup	cup, carrots
	Afternoon Snack	pudding and graham	1 /	-	fruit cup, crackers, milk	trail mix, milk and juice
	Deve all facet	crackers, milk and juice		and juice	and juice	
Week 11	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with	applesauce, crackers,	animal cookies, milk	pears, crackers, cheese,	goldfish, cheese, milk and
		cheese or peanut butter,	cheese, milk and juice	and juice	milk and juice	juice
		milk and juice			1.0.1	
	Lunch	corndogs, baked beans,	sloppy joes, beans,	tuna fish, peaches,	tator tot casserole, fruit	bologna slices, apple
		peaches	applesauce	carrots	cup	slices, carrots
	Afternoon Snack	Finger sandwiches and	cheese sticks, ritz	vege tray	yogurt and granola	apples with peanut butter
		grapes	crackers, apricot pieces			
Week 12	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham	pretzels and hummus,	granola bars, fruit, milk		trail mix, milk and juice
		crackers, milk and juice		and juice	and juice	
	Lunch	chicken soup, chicken	make your own	franks and beans,	Grilled cheese,	breakfast burritos, pears
		fingers, fruit cup	sandwich (turkey, ham,	bananas, crackers and	celery/carrots, fruit cup	and green salad
			or chicken), carrots,	hummus		
			fruit cocktail			
	Afternoon Snack	yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk	vanilla wafers, string
					and juice	cheese, fruit cup, milk,
						juice

	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
Week 13		strawberries, cheese,	apples and peanut	Graham crackers, milk	bananas w/honey, milk	vanilla wafers, string
	Morning Snack	crackers, milk and juice	butter, milk and juice	and juice	and juice	cheese, fruit cup, milk,
						juice
	Lunch	Fish sticks, oranges,	grilled ham & cheese,	PB and Jelly sandwich,	mini hotdogs, tator tots,	make your own sandwich,
		beans	pears	apples, carrots	applesauce	crackers, fruit
	Afternoon Snack					
	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
		ritz crackers with	applesauce, crackers,	animal cookies, milk	pears, crackers, cheese,	goldfish, cheese, milk and
Week 14	Morning Snack	cheese or peanut butter,	cheese, milk and juice	and juice	milk and juice	juice
	_	milk and juice				
	Lunch	egg salad sandwich,	bean/cheese burrito,	mac and cheese, apple	sliders, sweet potato	chicken nuggets, fruit
		oranges, carrots	peaches	slices	fries, fruit cup	cup, carrots
	Afternoon Snack					
Week 15	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham	pretzels and hummus,	granola bars, fruit, milk		trail mix, milk and juice
		crackers, milk and juice	milk and juice	and juice	and juice	
	Lunch	corndogs, baked beans,	sloppy joes, beans,	tuna fish, peaches,	tator tot casserole, fruit	bologna slices, apple
		peaches	applesauce	carrots	cup	slices, carrots
	Afternoon Snack	strawberries, cheese,	apples and peanut	Graham crackers, milk	pears, crackers, cheese,	yogurt and granola
		crackers, milk and juice		and juice	milk and juice	
	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
		yogurt, milk, juice	breakfast buffet	yogurt, milk, juice	breakfast buffet	milk, juice buffet
	Morning Snack		pretzels and hummus,	granola bars, fruit, milk	1	trail mix, milk and juice
Week 16		crackers, milk and juice		and juice	and juice	
	Lunch	chicken soup, chicken	make your own	franks and beans,	Grilled cheese,	breakfast burritos, pears
		fingers, fruit cup	sandwich (turkey, ham,	bananas, crackers and	celery/carrots, fruit cup	and green salad
			or chicken), carrots,	hummus		
			fruit cocktail			
		ritz crackers with	applesauce, crackers,	animal cookies, milk	pears, crackers, cheese,	goldfish, cheese, milk and
		cheese or peanut butter,	cheese, milk and juice	and juice	milk and juice	juice
		milk and juice				