

	Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast	Cold Cereal, fruit, yogurt, milk, juice (breakfast buffet)	Pancakes and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice buffet	French toast and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice buffet
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Lunch	Fish sticks, oranges, beans	grilled ham & cheese, pears	PB and Jelly sandwich, apples, carrots	mini hotdogs, tator tots, applesauce	make your own sandwich, crackers, fruit
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter
Week 2	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	egg salad sandwich, oranges, carrots	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato fries, fruit cup	chicken nuggets, fruit cup, carrots
	Afternoon Snack	yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
Week 3	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	corndogs, baked beans, peaches	sloppy joes, beans, applesauce	tuna fish, peaches, carrots	tator tot casserole, fruit cup	bologna slices, apple slices, carrots
	Afternoon Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	pears, crackers, cheese, milk and juice	yogurt and granola
Week 4	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk,
	Lunch	chicken soup, chicken fingers, fruit cup	make your own sandwich (turkey, ham, or chicken), carrots,	franks and beans, bananas, crackers and hummus	Grilled cheese, celery/carrots, fruit cup	breakfast burritos, pears and green salad
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter

Week 5	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	Fish sticks, oranges, beans	grilled ham & cheese, pears	PB and Jelly sandwich, apples, carrots	mini hotdogs, tator tots, applesauce	make your own sandwich, crackers, fruit
	Afternoon Snack	oatmeal cookies, milk, fruit	fruit, pretzels, hummus	orange slices, ritz crackers, milk	string cheese, crackers, milk and juice	boiled eggs, grapes, cheese
Week 6	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	egg salad sandwich, oranges, carrots	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato fries, fruit cup	chicken nuggets, fruit cup, carrots
	Afternoon Snack	apples, hmmmus, broccoli	peaches, vege roll	crackers, blueberries, strawberries	PB and Jelly crackers, apricots	yogurt and granola
Week 7	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Lunch	corndogs, baked beans, peaches	sloppy joes, beans, applesauce	tuna fish, peaches, carrots	tator tot casserole, fruit cup	bologna slices, apple slices, carrots
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter
Week 8	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	chicken soup, chicken fingers, fruit cup	make your own sandwich (turkey, ham, or chicken), carrots, fruit cocktail	franks and beans, bananas, crackers and hummus	Grilled cheese, celery/carrots, fruit cup	breakfast burritos, pears and green salad
	Afternoon Snack	yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice

Week 9	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	Fish sticks, oranges, beans	grilled ham & cheese, pears	PB and Jelly sandwich, apples, carrots	mini hotdogs, tator tots, applesauce	make your own sandwich, crackers, fruit
	Afternoon Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	pears, crackers, cheese, milk and juice	yogurt and granola
Week 10	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Lunch	egg salad sandwich, oranges, carrots	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato fries, fruit cup	chicken nuggets, fruit cup, carrots
	Afternoon Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
Week 11	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	corndogs, baked beans, peaches	sloppy joes, beans, applesauce	tuna fish, peaches, carrots	tator tot casserole, fruit cup	bologna slices, apple slices, carrots
	Afternoon Snack	Finger sandwiches and grapes	cheese sticks, ritz crackers, apricot pieces	vege tray	yogurt and granola	apples with peanut butter
Week 12	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	chicken soup, chicken fingers, fruit cup	make your own sandwich (turkey, ham, or chicken), carrots, fruit cocktail	franks and beans, bananas, crackers and hummus	Grilled cheese, celery/carrots, fruit cup	breakfast burritos, pears and green salad
	Afternoon Snack	yogurt and fruit	vege tray	pretzels and hummus	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice

Week 13	Breakfast	Cold Cereal, fruit,	Pancakes and breakfast	Cold Cereal, fruit,	French toast and	Cold Cereal, fruit, yogurt,
	Morning Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	bananas w/honey, milk and juice	vanilla wafers, string cheese, fruit cup, milk, juice
	Lunch	Fish sticks, oranges, beans	grilled ham & cheese, pears	PB and Jelly sandwich, apples, carrots	mini hotdogs, tator tots, applesauce	make your own sandwich, crackers, fruit
	Afternoon Snack					
Week 14	Breakfast	Cold Cereal, fruit,	waffles and breakfast	Cold Cereal, fruit,	scrambled eggs and	Cold Cereal, fruit, yogurt,
	Morning Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice
	Lunch	egg salad sandwich, oranges, carrots	bean/cheese burrito, peaches	mac and cheese, apple slices	sliders, sweet potato fries, fruit cup	chicken nuggets, fruit cup, carrots
	Afternoon Snack					
Week 15	Breakfast	Cold Cereal, fruit,	breakfast burritos and	Cold Cereal, fruit,	cold cereal and	Cold Cereal, fruit, yogurt,
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	corndogs, baked beans, peaches	sloppy joes, beans, applesauce	tuna fish, peaches, carrots	tator tot casserole, fruit cup	bologna slices, apple slices, carrots
	Afternoon Snack	strawberries, cheese, crackers, milk and juice	apples and peanut butter, milk and juice	Graham crackers, milk and juice	pears, crackers, cheese, milk and juice	yogurt and granola
Week 16	Breakfast	Cold Cereal, fruit, yogurt, milk, juice	breakfast burritos and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice	cold cereal and breakfast buffet	Cold Cereal, fruit, yogurt, milk, juice buffet
	Morning Snack	pudding and graham crackers, milk and juice	pretzels and hummus, milk and juice	granola bars, fruit, milk and juice	fruit cup, crackers, milk and juice	trail mix, milk and juice
	Lunch	chicken soup, chicken fingers, fruit cup	make your own sandwich (turkey, ham, or chicken), carrots, fruit cocktail	franks and beans, bananas, crackers and hummus	Grilled cheese, celery/carrots, fruit cup	breakfast burritos, pears and green salad
	Afternoon Snack	ritz crackers with cheese or peanut butter, milk and juice	applesauce, crackers, cheese, milk and juice	animal cookies, milk and juice	pears, crackers, cheese, milk and juice	goldfish, cheese, milk and juice